

Divorce Mediation Checklist – Topics to Help You Prepare for Your Mediation



When getting ready for your [divorce mediation](#), you should be prepared to speak about your thoughts and concerns on the following topics. These items, amongst others, will be discussed in detail and if/when the parties come to terms on each, they will be put into a written agreement for the parties to review, sign and follow.

Some of the topics for discussion in mediation include:

- Legal and Physical Custody (decision-making authority and time spent with the children)
- [Parenting Plans](#) (weekdays, weekends, holidays, school vacations, summers, childcare, birthdays, etc.)
- [Extra-Curricular Activities of the children and Add-On Expenses](#)
- Child Support
- Relocation of children and/or parent
- Communication with and about the children
- College
- Maintenance
- Health insurance for each person and children
- Life Insurance
- Pension Plans/ IRAs
- Distribution of Property (real estate)
- Distribution of Assets (bank accounts, stocks,

- investments, household furnishings, jewelry, etc.)
- Distribution of Expenses (mortgage, utilities, taxes, insurance, etc.)
- Distribution of Liabilities (credit card debts, school loans, etc.)
- Inheritances
- Filing of Taxes (married/single, dependents, refunds, etc.)
- Bankruptcy

The above is not an all inclusive list. It is a helpful overview of what information you may want to gather when preparing for your mediation session. You may also want to [gather documents to bring with you to the mediation session](#) to help you make decisions on the various topics stated above.

For more information on divorce mediation or to schedule a mediation, contact Sheree@Donathlaw.com or at 516-522-2743.